



Happy New Year from Mulcahy Law Firm, P.C.!

We hope that 2018 is your best year ever!

We hope that you will use this goals worksheet to assist you in writing down what you'd like to accomplish in 2018:

Business Goals (thought starters: learn new skills, go to seminars, improved performance, and find a mentor)

- 1)
- 2)
- 3)

Financial (thought starters: income, savings, become debt free, eliminate credit cards, create a retirement account, draft a will)

- 1)
- 2)
- 3)

Physical (thought starters: ideal weight, eat better, increase or elevate energy, exercise more, go to bed earlier)

- 1)
- 2)
- 3)

Family (thought starters: spend more time with family, date night with spouse, forgive or make amends with relative, spend more time with child or parent)

- 1)
- 2)
- 3)

Lifestyle (thought starters: travel, adventures, learn a language, hobbies)

1)

2)

3)

Relationships (thought starters: time with friends, new relationships)

1)

2)

3)

Banner Goals: Focusing on the most important and valuable priorities in life, prioritize your goals into the top three goals – your banner goals:

1)

2)

3)

We wish you the best in 2018 – it is the time to design and live your best year ever! Good Luck!

Sincerely,

Beth Mulcahy, Esq.
Mulcahy Law Firm, P.C.

**Mulcahy Law Firm, P.C. 3001 East Camelback Road, Ste. 130, Phoenix, Arizona 85016,
Phone: 602.241.1093**