



***Happy New Year from Mulcahy Law Firm, P.C.!***  
***We hope that 2016 is your best year ever!***

We hope that you will use this goals worksheet to assist you in writing down what you'd like to accomplish in 2016:

**Business Goals** (thought starters: learn new skills, go to seminars, improved performance, and find a mentor)

- 1)
- 2)
- 3)

**Financial** (thought starters: income, savings, become debt free, eliminate credit cards, create a retirement account, draft a will)

- 1)
- 2)
- 3)

**Physical** (thought starters: ideal weight, eat better, increase or elevate energy, exercise more, go to bed earlier)

- 1)
- 2)
- 3)

**Family** (thought starters: spend more time with family, date night with spouse, forgive or make amends with relative, spend more time with child or parent)

- 1)
- 2)
- 3)

**Lifestyle** (thought starters: travel, adventures, learn a language, hobbies)

1)

2)

3)

**Relationships** (thought starters: time with friends, new relationships)

1)

2)

3)

**Banner Goals: Focusing on the most important and valuable priorities in life, prioritize your goals into the top three goals – your banner goals:**

1)

2)

3)

***We wish you the best in 2016 – it is the time to design and live your best year ever! Good Luck!***

Sincerely,

Beth Mulcahy, Esq.  
Mulcahy Law Firm, P.C.

**Mulcahy Law Firm, P.C. 3001 East Camelback Road, Ste. 130, Phoenix, Arizona 85016, Phone: 602.241.1093**